

Course	Text	Author	Cost
Alternative Comparative Diets	Handouts		none
Anatomy & Physiology	Text: Essentials of Human Anatomy & Physiology (Jan 2008 edition, ISBN 0321513428)	Elaine Marieb	approx \$140 (available at Amazon.ca)
	Text: Anatomy & Physiology Coloring Workbook: A Complete Study Guide	Elaine Marieb	approx \$70 (available at Amazon.ca)
Biology	Manual	J. Holzgang	\$15
Body-Mind Acupressure I	Manual	M. Silcoff	\$5
Body-Mind Acupressure II	Manual	M. Silcoff	\$35
Bodywork - A&P	Manual	L. Labrosse	\$20
	Text: Massage Therapy Principles and Practice. 2nd edition. Saunders Editors, Elsevier, USA.	Susan G. Salvo	approx \$60 - \$75 (available at Amazon.ca)
Business Practice	Manual		
Cell Salts (Homeopathic Complements)	contact Montreal Institute for Classical Homeopathy for more information (www.m-i-c-h.com)		
Chinese Energy Medicine	Text: Chinese Traditional Herbal Medicine Vol. One	Dr. M Tierre & L. Tierre	Available at Amazon.ca
	Class Notes	A. St-Amant	\$3
Chinese Herbology & Dietetics	Text: Healing with Whole Foods	Paul Pitchford	Available at Amazon.ca
	Fratkins Manual		\$9 (available from teacher in first class)
	Bag of Pearls Manual		\$11 (available from teacher in first class)
Cranio Sacral I	Manual + 6 Private Sessions from Cranio Sacral therapist	E. Morales	approx \$15
Cranio Sacral II	Manual + 6 Private Sessions from Cranio Sacral therapist	E. Morales	approx \$15
Deontology	Manual	M. McCarron	\$20
Dream Analysis	n/a	J. Gagliardi	n/a
Environmental Health	Manual	J. Holzgang	\$20
Focusing	The Power of Focusing: A Practical Guide to Emotional Self- Healing	A. Weiser Cornell	approx. \$20 (available at Chapters.ca)
	Course materials	C. Borrello, I. Liversuch	
Herbology I	Manual	J. Holzgang	\$20

Course	Text	Author	Cost
Herbology II	Manual	J. Holzgang	\$20
Herbology III	Manual	M. Giacomini	\$20
Healing Journey I	Manual	A. Jesse	\$30
Healing Journey Legacy	Manual	A. Jesse	tba
Healing Journey II (for certificate students)	Manual	J. Pedrick, B. Moskovici	\$35
Healing Journey III	Manual	J. Pedrick, B. Moskovici	\$35
Making Peace with Food	Course materials - handouts	S. Cohen	\$10
Massage	Text: Massage Therapy Principles and Practice. 2nd edition. Saunders Editors, Elsevier, USA.	Susan G. Salvo	approx \$60 - 75 used (available at Amazon.ca)
Nutrition I	Manual	C. Marcelis	\$35
Nutrition II	Text: Nutritional Concepts and Controversies (First Canadian Edition/First CDN ED) ISBN 978-0-17-610446-7	Francis Sizer + Ellie Whitney	approx \$140
Nutrition III	Listen to Your body	David Rowland, PhD	\$10
	Nutri-Body Analysis (10 are required for the class)	David Rowland, PhD	\$3/each
Pathology	Merck Manuals	www.merck.com/mmhe/index.html	free online
	Text: Pathophysiology Made Incredibly Easy (Springhouse)	Springhouse publishers	recommended
	Text: Nurse's Guide to Understanding Laboratory and Diagnostic Tests	Denise D. Wilson	recommended
Psychosynthesis	Handouts	S. Pretton	none
QM I	Manual	R. Memmi	\$17
QM II	Bach Flower Remedy Bottles	Available from the NHC office	\$50.00 for set of 40 or \$1.50 each
	Bach Flower book + handouts	D. Claudi	\$15
	Manual	R. Memmi	\$20
QM III	Manual	R. Memmi	TBA
Reiki I	Manual	R. Memmi	\$4

Course	Text	Author	Cost
Reiki II	Manual	R. Memmi	\$4
Reiki III	Manual	R. Memmi	\$4
Research (online)	Materials included in course	P. Huerta	n/a
Reflexology (Foot)	Complete Reflexology for Life (ISBN 978-0-7566-5580-8) Available at most Chapters stores	Barbara & Kevin Kunz	Approx. \$23
Sexology	tba	tba	tba
Sound Healing	n/a	n/a	

NOTE: Manual and course material fees are paid to the teacher on the first day of class